

# BIKEABILITY TOOLKIT

## ADDITIONAL RESOURCES

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### RESOURCES AND FURTHER INFORMATION

Resources with numbers are those referred to in the Detailed LGA Checklist. Other resources listed contain useful links and information to provide further guidance and assistance.

#### Strategic Policies and Planning

- 20 Victorian Transport Policy Institute, 2004, *Pedestrian & Bicycle Planning: A Guide to Best Practices*, Victoria, Canada  
[www.vtpi.org/nmtguide.doc](http://www.vtpi.org/nmtguide.doc) Accessed 11/09/06  
> Opens best by copying link into separate browser
- 21 Cycling Touring Club, *Best Value in Implementing Cycling Policy, Benchmarking Project*, CTC, UK  
[www.ctc.org.uk](http://www.ctc.org.uk) Accessed 11/09/06  
> Use search engine to assist in searching the site to find a copy
- 22 Austroads, 2001, *Traffic Flow Models Allowing for Pedestrians & Cyclists*, AP-R193/01  
[www.onlinepublications.austroads.com.au/script/home.asp](http://www.onlinepublications.austroads.com.au/script/home.asp) Accessed 11/09/06
- US Pedestrian and Bicycle Information Center, *Bikeability Checklist*  
[www.bicyclinginfo.org/cps/checklist.htm](http://www.bicyclinginfo.org/cps/checklist.htm) Accessed 11/09/06
- 23 Cycling England – various reports, strategies and resources  
[www.cyclingengland.co.uk/](http://www.cyclingengland.co.uk/) Accessed 11/09/06
- 24 Victoria Transport Policy Institute, 2004, *Quantifying the benefits of Non-Motorised Transport for Achieving TDM Objectives*, Victoria, Canada  
[www.vtpi.org/nmt-tdm.pdf](http://www.vtpi.org/nmt-tdm.pdf) Accessed 11/09/06
- 25 Pedestrian and Bicycle Transport Institute of Australasia  
[www.pedbiketrams.asn.au/rframset.html](http://www.pedbiketrams.asn.au/rframset.html) Accessed 11/09/06
- NZ Cycle Network and Route Planning Guide  
[www.ltsa.govt.nz/road-user-safety/walking-and-cycling/cycle-network/index.html](http://www.ltsa.govt.nz/road-user-safety/walking-and-cycling/cycle-network/index.html) Accessed 11/09/06
- 26 The European Network of Cycling Expertise - benefits of cycling and various resources including topics such as Cycling and Economics; Cycling and Transport  
[www.velo.info](http://www.velo.info) Accessed 11/09/06
- 27 The US Pedestrian and Bicycle Information Centre website includes a section on the Benefits of Cycling that includes health, transportation, environmental, economic, quality of life with further resources, publications  
[www.bicyclinginfo.org/pp/benefits/index.htm](http://www.bicyclinginfo.org/pp/benefits/index.htm) Accessed 11/09/06
- The Danish Road Directorate's *Collection of Cycle Concepts*  
[www.vd.dk/wimpdoc.asp?page=document&objno=17291](http://www.vd.dk/wimpdoc.asp?page=document&objno=17291) Accessed 11/09/06
- League of American Bicyclists, *Bicycle Friendly Communities: Steps to Make Your Community More Bicycle-friendly*  
[www.bicyclefriendlycommunity.org/howto.htm](http://www.bicyclefriendlycommunity.org/howto.htm) Accessed 11/09/06

#### Level of Service: Comfort and Attractiveness

- 28 The European Commission has published an excellent guide for councillors, *Cycling – the Way Ahead for Towns & Cities*  
[ec.europa.eu/environment/cycling/cycling\\_en.pdf](http://ec.europa.eu/environment/cycling/cycling_en.pdf) Accessed 11/09/06
- 29 National Information and Technology Centre for Transport and Infrastructure (CROW), 1996, *Sign up for the Bike, Design Manual for a Cycle Friendly Infrastructure* (Third edition), The Netherlands  
[www.crow.nl/shop/productDetail.aspx?id=330&category=90](http://www.crow.nl/shop/productDetail.aspx?id=330&category=90) Accessed 11/09/06
- 30 The US National Centre for Bicycling and Walking issues a fortnightly e-bulletin *Centrelines* focused

- on creating more walkable and bicycle-friendly communities  
[www.bikewalk.org/newsletter.php](http://www.bikewalk.org/newsletter.php) Accessed 11/09/06
- The Pedestrian and Bicycle Information Centre in the USA has developed a range of Bicycle Design Guides for Engineers including their own *Bikeability Index*  
[www.bicyclinginfo.org/cps/checklist.htm](http://www.bicyclinginfo.org/cps/checklist.htm) Accessed 11/09/06
- 31 American Association of State Highway and Transportation Officials (AASHTO), 1999, *Guide for the Development of Bicycle Facilities*, Washington, USA  
[safety.fhwa.dot.gov/fourthlevel/pdf/b\\_aashtobik.pdf](http://safety.fhwa.dot.gov/fourthlevel/pdf/b_aashtobik.pdf) Accessed 11/09/06
- 32 The European Network of Cycling Expertise - benefits of cycling and various resources  
[www.velo.info](http://www.velo.info) Accessed 11/09/06
- Konsult, *Cycling Parking Provision - case studies on cycle parking*  
[www.konsult.leeds.ac.uk/private/level2/instruments/instrument020/l2\\_020c.htm](http://www.konsult.leeds.ac.uk/private/level2/instruments/instrument020/l2_020c.htm) Accessed 11/09/06
- Department of the Environment and Local Government (Ireland), 1999, *Provision of Cycle Facilities - Manual for Urban Areas*  
[www.dto.ie/Cycle%20manual/prelims.pdf](http://www.dto.ie/Cycle%20manual/prelims.pdf) Accessed 11/09/06
- SUSTRANS, 1997, *The National Cycle Network – Guidelines and Practical Details (Issue 2.2)*, Bristol, United Kingdom  
[www.sustransshop.co.uk](http://www.sustransshop.co.uk) Accessed 11/09/06
- National Information and Technology Centre for Transport and Infrastructure (CROW), 1997, *Bicycle Parking in the Netherlands*, The Netherlands  
[www.crow.nl/engels/t0\\_p0\\_m7\\_i3018.htm](http://www.crow.nl/engels/t0_p0_m7_i3018.htm) Accessed 11/09/06

## Safety

- 33 Austroads, 2001, *Potential Improvements for Non-motorised & vulnerable (unprotected) Users in Road Safety*, AP-R189/01  
[www.onlinepublications.austroads.com.au/script/home.asp](http://www.onlinepublications.austroads.com.au/script/home.asp) Accessed 11/09/06
- Balsas, C.J.L., 2002, *New Directions for Bicycle and Pedestrian Planning Education in the US, Planning Practice and Research*, 1 February 2002, vol. 17, no. 1, pp. 91-105(15), Carfax  
[taylorandfrancis.metapress.com](http://taylorandfrancis.metapress.com) Accessed 11/09/06
- 34 Australian Bicycle Council, *ABC Bicycle Resource Pack: Bringing Key Bicycle Resources to Your University Courses*  
[www.abc.dotars.gov.au/downloads/ABC\\_BICYCLE\\_RESOURCE\\_PACK.pdf](http://www.abc.dotars.gov.au/downloads/ABC_BICYCLE_RESOURCE_PACK.pdf) Accessed 11/09/06
- 35 Jacobson P, 2003, *Safety In Numbers: more walkers & bicyclists, safer walking and bicycling, Injury Prevention 2003; 9:205-9*  
[ip.bmjournals.com/cgi/content/full/9/3/205](http://ip.bmjournals.com/cgi/content/full/9/3/205) Accessed 11/09/06
- 36 The European Network of Cycling Expertise - benefits of cycling and various resources  
[www.velo.info](http://www.velo.info) Accessed 11/09/06

## Health & Environment

- 37 NSW Department of Planning, undated, *Planning guidelines for Walking & Cycling*  
[www.planning.nsw.gov.au/plansforaction/pdf/guide\\_pages\\_cover\\_14.pdf](http://www.planning.nsw.gov.au/plansforaction/pdf/guide_pages_cover_14.pdf) Accessed 14/09/06
- 38 Victorian Department of Human Services, 2004, *Planning for Healthy Communities*, Melbourne, Australia  
[www.health.vic.gov.au/healthpromotion/downloads/healthy\\_communities.pdf](http://www.health.vic.gov.au/healthpromotion/downloads/healthy_communities.pdf) Accessed 14/09/06
- 39 National Public Health Partnership, 2001, *Promoting Active Transport, an Intervention Portfolio to Increase Physical Activity as a Means of Transport*, Melbourne, Australia  
[www.nphp.gov.au/publications/sigpah/active.pdf](http://www.nphp.gov.au/publications/sigpah/active.pdf) Accessed 14/09/06
- 40 The Australian Government's Healthy and Active web page  
[www.health.gov.au/internet/healthyactive/publishing.nsf/Content/home](http://www.health.gov.au/internet/healthyactive/publishing.nsf/Content/home) Accessed 14/09/06

- The **WHO Charter on Transport, Environment and Health** (1999) is a comprehensive statement on the impacts of transportation on the environment and health  
[www.euro.who.int/document/peh-ehp/charter\\_transporte.pdf](http://www.euro.who.int/document/peh-ehp/charter_transporte.pdf) Accessed 14/09/06
- The World Health Organization, 2002, **A physically active life through everyday transport with special focus on children and older people and examples and approaches from Europe**  
[www.who.dk/transport/modes/20030121\\_2](http://www.who.dk/transport/modes/20030121_2) Accessed 14/09/06
- 41 NSW Department of Local Government, NSW Health Department, NSW Sport and Recreation, National Heart Foundation of Australia (NSW Division), 2001, **Creating Active Communities: Physical Activity Guidelines for Local Councils**, Bankstown, NSW, Australia  
[www.dlg.nsw.gov.au/Files/Information/physguid.pdf](http://www.dlg.nsw.gov.au/Files/Information/physguid.pdf) Accessed 14/09/06
- 42 Australian Bicycle Council, **Benefits of Cycling** web page (section on Health)  
[www.abc.dotars.gov.au/Publications\\_Resources/benefits\\_of\\_cycling.aspx#bth](http://www.abc.dotars.gov.au/Publications_Resources/benefits_of_cycling.aspx#bth) Accessed 14/09/06
- 43 Bicycle Victoria, **Improve your health and fitness** web pages  
[www.bv.com.au/bikes-and-riding/10173/](http://www.bv.com.au/bikes-and-riding/10173/) Accessed 14/09/06
- 44 Roberts, I, Owen, H, Lumb, P, MacDougall, C, 1996, **Pedalling Health: Health benefits of a modal transport shift**, ISBN: 0 7308 0741 X  
[safety.fhwa.dot.gov/ped\\_bike/docs/cyhealth.pdf](http://safety.fhwa.dot.gov/ped_bike/docs/cyhealth.pdf) Accessed 14/09/06
- 45 Cycling Promotion Fund, **Health benefits of cycling** web pages  
[www.cyclingpromotion.com.au/content/category/8/24/111/](http://www.cyclingpromotion.com.au/content/category/8/24/111/) Accessed 14/09/06
- 46 Marshall, G, Booth, J, 2000, **The Western Australian Cycling 100 Project**, Department of Environmental Protection (WA), Perth, Australia (health benefits of riding to work)  
[www.velo.info](http://www.velo.info) Accessed 14/09/06  
 > Use site search facility to find copy
- 47 The Bicycle Federation of Australia has a range of cycling and health references  
[www.bfa.asn.au/bfanew/resources/cycling\\_and\\_health.htm](http://www.bfa.asn.au/bfanew/resources/cycling_and_health.htm) Accessed 14/09/06
- European Network of Cycling Expertise has numerous resources on Cycling and Health  
[www.velo.info](http://www.velo.info) Accessed 14/09/06
- The US National Centre for Bicycling and Walking ([www.bikewalk.org](http://www.bikewalk.org)) hosts various excellent resources, e.g. **Transportation that's actually good for the soul** and **Increasing Physical Activity through Community Design: A Guide for Public Health Practitioners**  
[www.bikewalk.org/pdfs/forumarch0104transportation.pdf](http://www.bikewalk.org/pdfs/forumarch0104transportation.pdf) Accessed 14/09/06  
[www.bikewalk.org/pdfs/IPA\\_full.pdf](http://www.bikewalk.org/pdfs/IPA_full.pdf) Accessed 14/09/06
- The US Pedestrian and Bicycle Information Centre website  
[www.bicyclinginfo.org/hf/index.htm](http://www.bicyclinginfo.org/hf/index.htm) Accessed 14/09/06
- The Medimedia Australia website has a page on Cycling to health  
[www.mydr.com.au/?article=2372](http://www.mydr.com.au/?article=2372) Accessed 14/09/06
- 48 John Pucher and Lewis Dijkstra, 2003, **Promoting Safe Walking and Cycling to Improve Public Health: Lessons from the Netherlands and Germany**, *American Journal of Public Health*, Vol.93, No. 9, September 2003  
[www.vtpi.org/AJPHpucher.pdf](http://www.vtpi.org/AJPHpucher.pdf) Accessed 14/09/06
- 49 Queensland Transport, **Why encourage cycling** web pages  
[www.transport.qld.gov.au/qt/LTASinfo.nsf/index/cycling\\_encourage](http://www.transport.qld.gov.au/qt/LTASinfo.nsf/index/cycling_encourage) Accessed 14/09/06
- European Commission, **Kids on the Move** - contains numerous practical suggestions, addresses and documentation references on how to address the issue of child mobility  
[ec.europa.eu/environment/youth/original/air/kids\\_on\\_the\\_move\\_en.pdf](http://ec.europa.eu/environment/youth/original/air/kids_on_the_move_en.pdf) Accessed 18/09/06